

FAITH AT HOME

A Parent Companion



THE LITURGY OF THE WORD



Lesson Overview:

Today we began learning about the Mass. The Mass is the place where Jesus gives Himself to us in the Eucharist. The first part of the Mass is the Liturgy of the Word. Jesus is the Word of God and He teaches us through the Bible to prepare us to receive Him in the sacrament of the Eucharist. The introductory rites begin by invoking God the Holy Trinity and praying for peace. We then acknowledge our sins and ask for God's mercy and give praise to God in the Gloria and opening prayer. We then hear the Word of God:

- The first reading, usually taken from the Old Testament,
- The psalm,
- The second reading from the New Testament, and
- The Gospel, the most important reading.

The priest then preaches a homily to explain the readings and to teach us to apply them in our lives. We then proclaim our faith in the Creed and pray for the needs of the Church and the world in the Prayers of the Faithful. We will continue with the Liturgy of the Eucharist next class.

ORDER OF MASS
Introductory Rites <ul style="list-style-type: none">• Procession• Greeting• Penitential Act (Confiteor)• Glory to God
Liturgy of the Word <ul style="list-style-type: none">• First Reading• Responsorial Psalm• Second Reading• Alleluia• Gospel• Homily• Creed (Profession of Faith)• Prayers of the Faithful
Liturgy of the Eucharist
Concluding Rites

Review with your child:

1. From which book do we hear the readings during Mass? **The Bible.**
2. Which part of the Liturgy of the Word is the most important? **The Gospel.**
3. During which part of the Mass do we profess our beliefs? **The Creed.**

SAINTS AMONG US

Eucharist



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FAITH IN ACTION

One way to prepare for Mass is to read the Bible readings beforehand. This provides an opportunity for prayer, reflection, and family discussion. The readings can be found in a missalette, online, or in a publication such as Magnificat, which provides the daily readings and prayers.

AT HOME

1. Say the Our Father and Anima Christi as a family.
2. Ask your child to show you the activity on the Mass parts and ask them what happens during each part.

PRAYERS

Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, cover me.

Water from Christ's side, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Your wounds hide me.

Suffer me not to be separated from You.

From the malicious enemy defend me.

In the hour of my death call me

And bid me come unto You

That I may praise You with Your saints

and with Your angels

Forever and ever.

Amen.



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