

FAITH AT HOME

A Parent Companion



HEALING THE SICK & THE SIXTH & SEVENTH COMMANDMENT



Lesson Overview:

Jesus healed those who were sick both in body and soul. He is the divine healer. We learned about how Jesus healed people in a number of stories: the healing of the blind, lepers, and a paralytic man. The healing of the paralytic man in Luke 5 is a good example of how physical and spiritual healing go together: *When he saw their faith, he said, "As for you, your sins are forgiven."... But that you may know that the Son of Man has authority on earth to forgive sins*—he said to the man who was paralyzed, *"I say to you, rise, pick up your stretcher, and go home."* There are two sacraments of healing: Reconciliation and the Anointing of the Sick. The Anointing of the Sick strengthens the soul and body, especially in preparation for death.



"Christ healing a man with leper"
from the Codex Aureus of Lorsch
Source Alamy Stock Photo

We also dealt with the sixth and seventh commandments: *You shall not commit adultery*; and *You shall not steal*. In terms of the sixth commandment we did not go into detail on adultery, but rather said that the commandment protects marriage and families and that God wants us to be faithful to these relationships. We also said that children should avoid any media that leads to bad thoughts. In terms of the seventh commandment we talked about not taking things that do not belong to us and caring for things we borrow. We also discussed how they should not cheat.

SAINTS AMONG US

Reconciliation



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REVIEW WITH YOUR CHILD

1. Who is the divine healer or physician? **Jesus.**
2. What does Jesus heal? **Spiritual and physical wounds.**
3. What is necessary for communion (or having a relationship) with God? **Spiritual healing.**
4. Which commandment says, “Do not commit adultery”? **Sixth.**
5. What does the seventh commandment say? **You shall not steal.**

FAITH IN ACTION

When discussing the sixth commandment, we discussed avoiding media that will lead to bad thoughts. This presents an opportunity to consider what kind of messages we present to our children through books, television, and the internet. It is not just a matter of avoiding harmful content, but also about forming our children’s character through good content. Consider the practice of reading classic, literature books together as a family in the evening to form a strong, moral imagination. *The Chronicles of Narnia* and *The Lord of the Rings* are great works inspired by the Christian faith.

AT HOME

1. Ask your child to tell you one of the stories about Jesus healing people. Pray with them for someone you know who needs healing.
2. Practice saying the Act of Contrition with your child.

Act of Contrition

O my God, I am heartily sorry for having offended You, and I detest all my sins because of Your just punishments, but most of all because I have offended You, my God, Who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin.



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