

# FAITH AT HOME

A Parent Companion



## GOD'S COMMANDMENTS & THE FIRST COMMANDMENT



### Lesson Overview:

Today we discussed the Ten Commandments and why God gives us commandments. The Ten Commandments were given to Moses when he led Israel out of slavery from Egypt during the Exodus. God instructed His people Israel how they should live in order to be happy and in relationship with Him. Here are the Ten Commandments:

1. I am the Lord your God, and you shall have no strange gods before me.
2. Do not take the Lord's name in vain.
3. Keep the Sabbath day holy.
4. Honor your father and mother
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness (lie).
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.



"The Scribe Stood to Tempt Jesus"  
by James Tissot  
Source Restored Traditions

We looked at how all the Commandments can be divided into love of God (1-3) and love of neighbor (4-10). We also began a part of the lesson called Commandment Connection where we go through one or two commandments in detail. This week we looked at the first commandment and how it teaches us to love God above all things so that we can be happy with Him.

**SAINTS AMONG US**  
Reconciliation



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### REVIEW WITH YOUR CHILD

1. What are the two groups into which we can place the commandments? **Love of God and love of neighbor.**
2. What does the first commandment say? **I am the Lord your God. You shall not have other gods before me.**
3. What are we supposed to do under the first commandment? **To put God above all and not idolize other people and things.**

### FAITH IN ACTION

When God gave Israel the Ten Commandments, He told them to be kind to strangers, because they also were strangers in the land of Egypt. Welcoming people to our home, especially those in need, is called hospitality. How can we use our home and our possessions not only to care for our family, but others who are in need?

### AT HOME

1. Ask your child to tell you what he or she wrote about to show love for God. Help them to practice it.
2. This week say grace before meals with your family using the prayer below.

#### Grace before Meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. Amen.



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