

SAINTS AMONG US

CONFIRMATION



STUDENT WORKBOOK 3



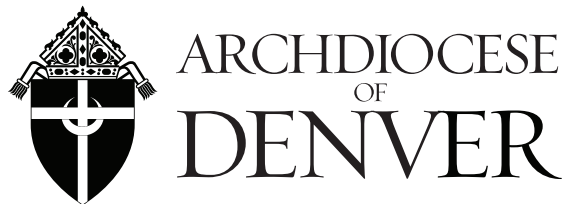
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SAINTS AMONG US

Restored Order Curriculum

Student Workbook

BOOK 3: CONFIRMATION



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Book 3: Confirmation

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Contents

Lesson 1: Baptism and The Father's Plan	1
Lesson 2: What is Confirmation?	5
Lesson 3: The Holy Trinity	11
Lesson 4: Receiving The Holy Spirit	17
Lesson 5: Prayer and Sin	25
Lesson 6: The Gifts of Wisdom, Understanding, Knowledge	31
Lesson 7: The Gifts of Counsel and Fortitude	39
Lesson 8: The Gifts of Piety and Fear Of The Lord.....	45
Lesson 9: The Fruits of The Holy Spirit.....	51
Lesson 10: The Rite of Confirmation	57
Lesson 11: Laying On of Hands and Anointing	63
Lesson 12: Life in The Spirit	69

SAINTS AMONG US

CONFIRMATION



BAPTISM AND THE FATHERS PLAN

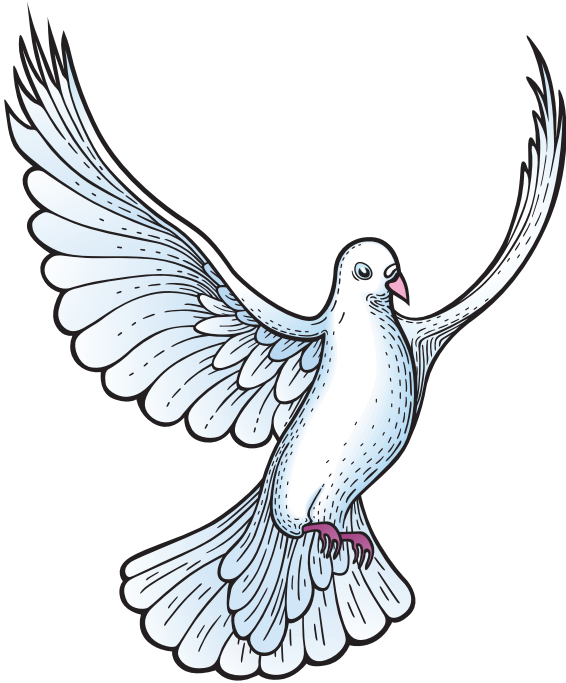


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LESSON
1

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

The Holy Spirit

Today, you are beginning your preparation for the Sacrament of Confirmation. Confirmation is the second Sacrament of Initiation, following Baptism. We will be looking back to your Baptism and how it was the beginning of God's plan for your life.

Baptism made you close to God, a part of His family. It is the beginning of a friendship that will last forever. Baptism is the first of many steps you will take in your life with God.

In Baptism you became a child of God the Father. God is eternal—He has always existed and will always exist. You did not always exist. God created you and chose you to live with Him forever in Heaven. If you follow God's plan for your life, by believing His Word, praying, and obeying His commands, you will be happy with Him forever.

We call the story of God's plan for the world and for our lives Salvation History. We are a part of this story. We are living in the last part of the story. Jesus created His Church to teach all people about Him and to give His Body and Blood to those who believe at Mass. We became a part of God's people in Baptism and entered into the story of Salvation History.

You are getting ready to receive two more sacraments this year: Confirmation and the Eucharist. These sacraments will grow the life of God in you that began with Baptism. They are the next steps of God's plan for your life

The Saints:

A saint is a person (just like you and me) who loved God very much, had a very close relationship with Him, and was faithful to the plan God had for them. They were open to the graces of the Holy Spirit and imitated Christ very closely. The saints are all in heaven rejoicing in God's love.

The Church celebrates many saints for two reasons:

1. **To be our models:** they have dedicated their lives to God and have loved others very much. By learning about them, we can learn how to be saints ourselves.
2. **To pray for us:** since they are so close to God in Heaven they can ask Him to respond to our needs and intentions. The saints love us and care about us and they will always be willing to intercede (pray) for us.

WRAP UP

1. What happened to you at Baptism?

2. What does Reconciliation do?

3. What sacraments are you preparing for this year?

4. How are you living as part of God's plan?

AT HOME



- Ask your parents about the date of your Baptism. You can find it by looking on your baptismal certificate. (You can call your parish to find out as well). Remember it and try to celebrate it every year with a special prayer and something fun. Your Baptism day is a second birthday, when you were born a second time by being adopted as a child of God.
- Practice saying the Apostle's Creed with your family.



The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sits at the right hand of God, the Father almighty;
from there He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the resurrection of the body and
life everlasting. Amen.

SAINTS AMONG US

CONFIRMATION



WHAT IS CONFIRMATION?





"The Baptism of the Eunuch" by Rembrandt
Wikimedia Commons / CC-PD-Mark

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Baptism of the Ethiopian Acts 8: 26-31, 35-38

2.

MEDITATE:

- The Ethiopian man was learning about God. God teaches us also through the Bible, our parents, and our religious education.
- The man's learning ends with receiving Baptism. Our classes this year are helping us to get ready to receive Confirmation and the Eucharist.

3.

PRAY:

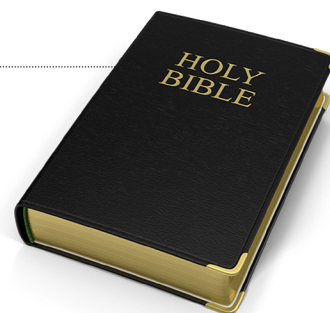
Jesus, I want to know you more. Help me to learn about You. Please make my heart Your home and get me ready to receive Confirmation this year.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

Today you will begin learning about the Sacrament of Confirmation, including what is required to receive this sacrament.

Confirmation is the sacrament that completes the grace you received in Baptism. In Baptism, God gave you grace, the gift of His life to bring you to Heaven. When you confirm something, you are saying that what has happened is true. God confirms what happened to us in Baptism and makes it stronger. He puts a seal on our souls, called an *indelible mark*, showing that we belong to Him and opening us up to His help.

How does God confirm our Baptism? He gives us His Holy Spirit. The Holy Spirit is God, one of the Persons of the Trinity. The Holy Spirit makes us holy and gives us power to live a good life and defend the Church. He gives us gifts that help us to be like God. The Holy Spirit lives in our soul, giving us the life and strength of God in us.

Confirmation...

- Is a Sacrament of Initiation with Baptism and the Eucharist – bringing us more fully into God's Church.
- Completes baptismal grace making us closer to Jesus and making us like Him.
- Strengthens the Holy Spirit within us and increases the gifts we were given at Baptism.
- Strengthens our faith – our belief in God – and helps us to pray .
- Leaves a mark or seal on our soul that stays in us forever to help us defend the faith.
- Is administered by a bishop or his delegate by the laying on of hands and anointing.

WRAP UP

1. What does the Sacrament of Confirmation complete and strengthen?

2. How many times can you receive Confirmation and why?

3. What does the Holy Spirit give you at Baptism and increase in you at Confirmation?

FINAL PRAYER

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord. Amen.

AT HOME



- Show your parents the poster your group made. Tell them about Confirmation: what it is and how it will change you.
- Pray the “Come Holy Spirit” prayer with your family.

NOTES:



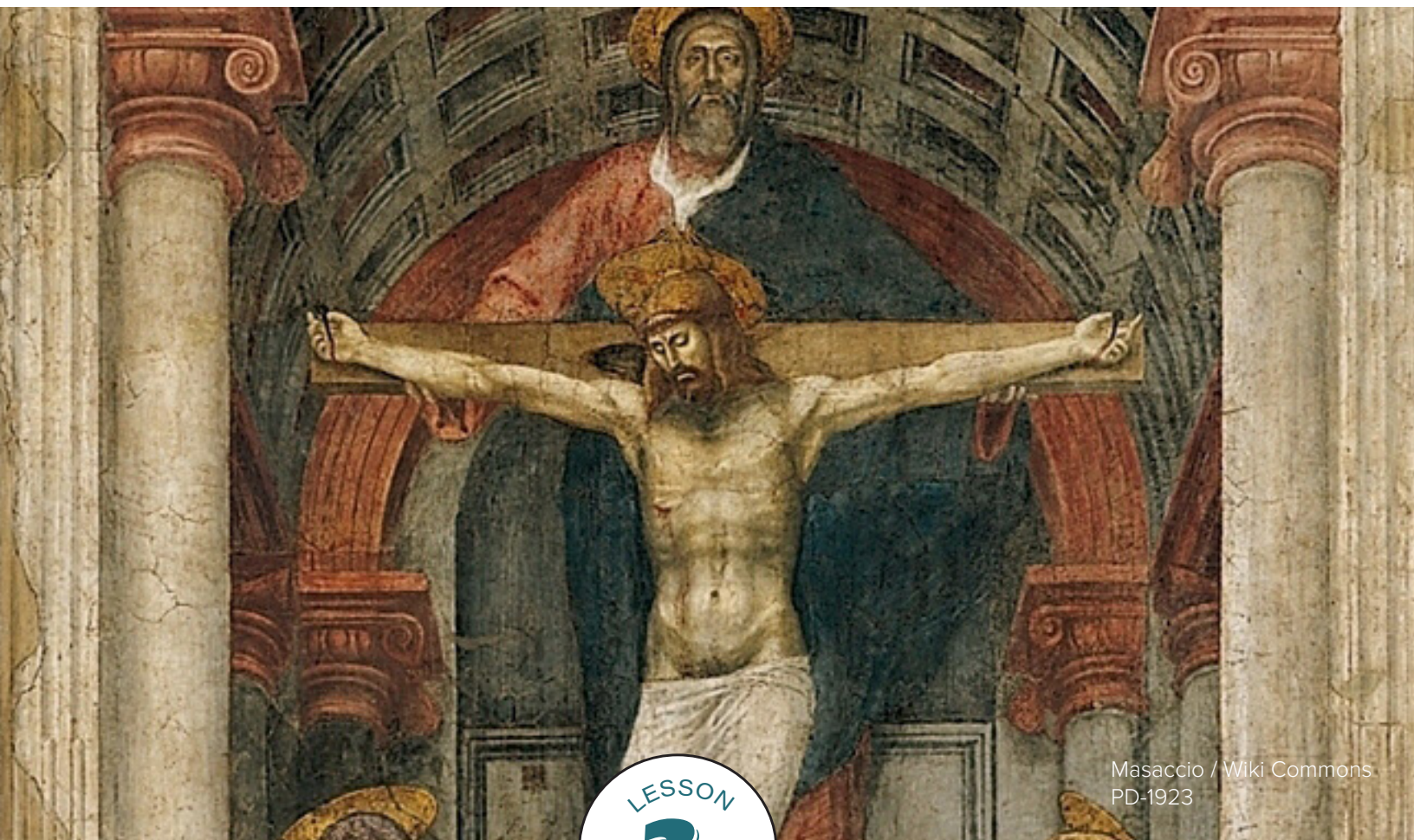
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SAINTS AMONG US

CONFIRMATION



THE HOLY TRINITY



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LESSON

3



"The Bautismo de Cristo by Navarrete el Mudo
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PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Baptism of Jesus Matthew 3:16-17

2.

MEDITATE:

- The Holy Spirit came down upon Jesus. Think about how the Holy Spirit will come over you too when you receive Confirmation.
- The Father said that Jesus is His beloved Son. He made you His beloved son or daughter at Baptism and loves you very much.

3.

PRAY:

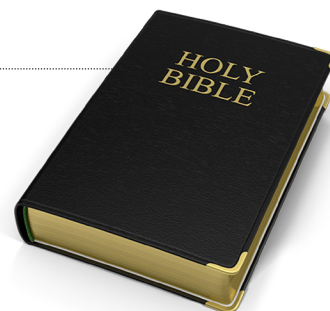
Holy Spirit, come and rest in my heart. Help me to be like Jesus and to love God and others more. Teach me to pray. Please help me get ready to receive You at Confirmation.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

Today we are learning about the Holy Trinity.

There are three Persons in God. Each Person is fully God. God is a loving union of these three Persons and He wants us to share in the love of the Trinity.

You were baptized in the name of the Father, and of the Son, and of the Holy Spirit. When you are confirmed you will be asked to renew your baptismal promises, which describe our belief in the Father, Son, and Holy Spirit.

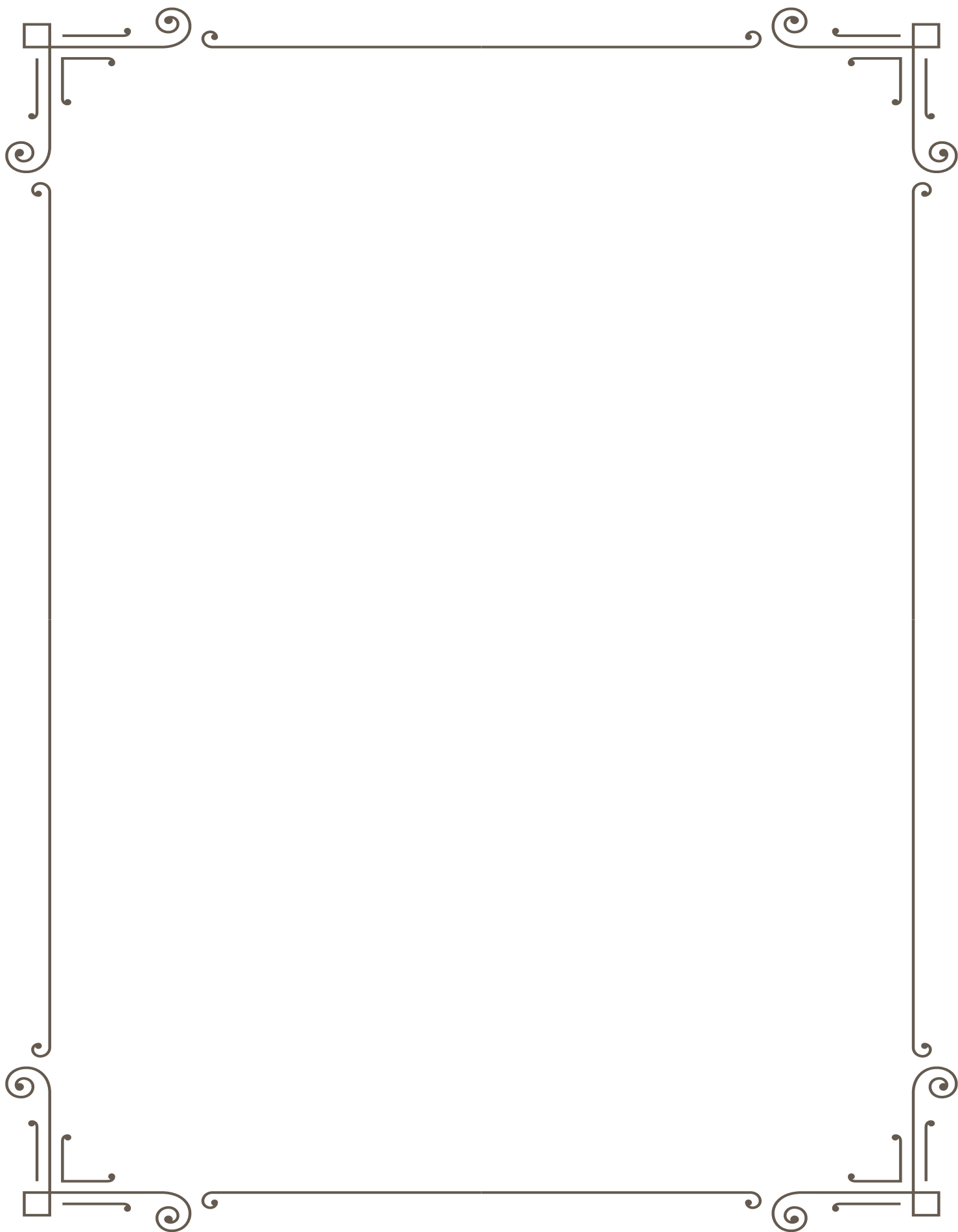
When you renew your baptismal promises, you will be asked: Do you believe in God, the Father Almighty, creator of heaven and earth?

God the Father is the Creator of all. God gave us fathers and other virtuous men in our lives so that we could understand God's Fatherhood. God acts through the men of integrity in our lives to reveal who He is.

The next part of the baptismal promises is: Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

1. Jesus is the second person of the Blessed Trinity, Lord over all.
2. Mary conceived of Jesus through the Holy Spirit, and He was born in a stable in Bethlehem.
3. Because He is the Redeemer of the World, Jesus was crucified and died on the cross to take away our sins.
4. Jesus was buried in a tomb.
5. Jesus rose from the dead on His own, as only God could do. Through His Resurrection, we can have eternal life in heaven.
6. Jesus ascended to Heaven and sits at the right hand of the Father as our king.





WRAP UP

1. Who is the Creator of all?

2. Who is God the Son?

3. Why is Jesus called the Redeemer of the world?

FINAL PRAYER

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

AT HOME



- Show your parents your cube and tell them about each of the boxes.
- Pray a decade of the rosary with your family which focuses on one of the boxes on your cube:
 - Birth of Jesus
 - Crucifixion
 - Resurrection
 - Ascension

SAINTS AMONG US

CONFIRMATION



RECEIVING THE HOLY SPIRIT

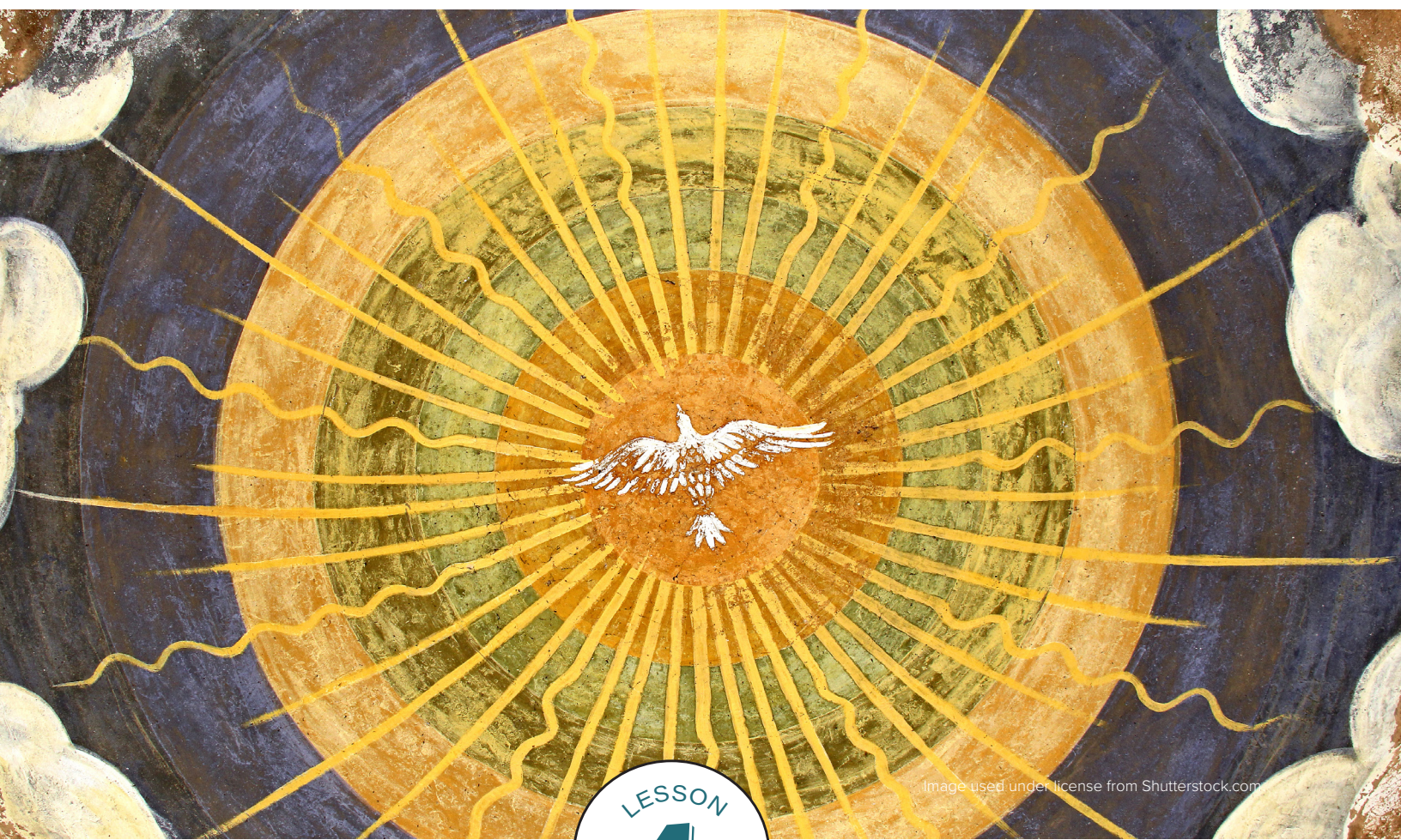


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LESSON

4



Appearance on the Mountain, by Duccio di Buoninsegna
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PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Acts 1:7-8

2.

MEDITATE:

- Jesus promised the Holy Spirit to the Apostles and they received Him at Pentecost. Jesus also promises to give His Spirit to you at your Confirmation.
- When you receive the Holy Spirit, God wants you to share His good news with others like the Apostles did.

3.

PRAY:

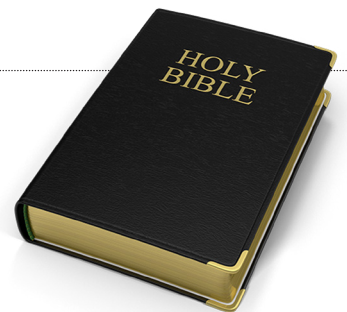
*Jesus, please give us Your Spirit so that we can live like You and share Your truth with others.
Please open our hearts to Your teaching and to the gifts You want to give us.*

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

The Holy Spirit

God the Holy Spirit is the third Person of the Blessed Trinity. He is equal with God the Father and God the Son. The Spirit is the gift of love that the Father and Son share. They want to give us this gift of their life by sending their Holy Spirit to be our spirit as well. The Spirit dwells in the life of Christians as His Temple.

The Holy Spirit acts as counselor or guide, leading us to all that is good and protecting us from evil. He gives us gifts that help us to know and love more fully and give us strength to defend our faith.

The Holy Spirit comforts the faithful. The Holy Spirit helps those who are afraid to trust in the Lord and proclaim the Good News of Jesus Christ. He also helps us to know and believe the truths of our faith.

The Holy Spirit is spirit, and spirits do not have bodies. We cannot see the Holy Spirit Himself, like we could see Jesus. Every one of us has a spirit, which we cannot see. The Bible looks at our breath as a sign of a spirit within us. Jesus breathes His Spirit upon the Apostles, giving them His own inner life of God. This is what He wants; He gives us at Confirmation: the life, breath, or Spirit of God. This makes us holy like Jesus.

SYMBOLS OF THE HOLY SPIRIT

WORD BANK

- WATER
- ANOINTING
- FIRE
- CLOUD AND LIGHT
- SEAL
- HAND
- FINGER
- DOVE

Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the holy Spirit. (Acts 2:3-4)

He has also put his seal upon us and given the Spirit in our hearts as a first installment. (2 Cor. 1:22)

Then they laid hands on them and they received the holy Spirit. (Acts 8:17)

After Jesus was baptized, he came up from the water and behold, the heavens were opened [for him], and he saw the Spirit of God descending like a dove [and] coming upon him. (Mt. 3:16)

Then Samuel, with the horn of oil in hand, anointed him in the midst of his brothers, and from that day on, the spirit of the LORD rushed upon David. (1 Sam 16:13)

The cloud of the LORD was over the tabernacle by day, and fire in the cloud at night, in the sight of the whole house of Israel in all the stages of their journey. (Ex. 40:38)

Whoever believes in me, as scripture says: 'Rivers of livingwater will flow from within him.' He said this in reference to the Spirit that those who came to believe in him were to receive. (Jn. 7:38-39)

When the LORD had finished speaking to Moses on Mount Sinai, he gave him the two tablets of the covenant, the stone tablets inscribed by God's own finger. (Ex. 31:18)



Baptism of Jesus

“After Jesus was baptized, he came up from the water and behold, the heavens were opened for him, and he saw the Spirit of God descending like a dove and coming upon him. And a voice came from the heavens, saying, ‘This is my beloved Son, with whom I am well pleased.’” (Matthew 3:16-17)



Transfiguration of Jesus

“And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, ‘Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah.’ While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, ‘Rise, and do not be afraid.’ And when the disciples raised their eyes, they saw no one else but Jesus alone.”
(Matthew 17:2-8)

WRAP UP

1. Who is the third person of the Holy Trinity?

2. What are some symbols of the Holy Spirit?

FINAL PRAYER

Come, Holy Spirit Prayer

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shalt renew the face of the earth. O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.

AT HOME



- Talk with your parents about receiving the Holy Spirit in Confirmation. Talk about the Holy Spirit by describing some of the Symbols we talked about in class.
- Pray the Come Holy Spirit prayer with your family.

SAINTS AMONG US

CONFIRMATION



PRAYER AND SIN



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LESSON

5



St. Benedict by Andrea Mantegna
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SAINT BENEDICT

PRAYING WITH THE SAINTS

Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

QUOTE: “What, dear brothers, can be sweeter to us than this voice of the Lord inviting us? See, in His loving kindness, the Lord shows us the way of life. Therefore, having our loins girt with faith and the performance of good works, let us walk His ways under the guidance of the Gospel, that we may deserve to see Him who has called us to His kingdom.” St. Benedict

2.

TEACHING

- St. Benedict teaches us to make time for prayer and to live like Jesus.
 - Think of some ways that we can follow Benedict’s teachings.
-

3.

RESPOND

How are you going to respond to what you learned from this saint? Make a concrete resolution that will help you to grow.

End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

Jesus is our Savior. He died on the Cross to take away our sins and rose from the dead to give us a new and everlasting life. But Jesus also said He wanted to give us a great gift when He ascended into Heaven. He did not want to leave us without His presence, so He gave us His own Spirit. Jesus gives us the inner life of God so that we can live like God.

The Spirit works in us, helping us believe all that Jesus taught. Another main way that the Spirit works in us is by teaching us how to pray. Prayer is how we talk to God, how we come close to Him to love Him and to be with Him. Because we cannot see God we do not know how to speak to Him on our own. But when the Holy Spirit lives in us, he teaches us and leads us to God in our hearts. He teaches us to call God our Father and to live like His sons and daughters.

Praying with the help of the Holy Spirit is one of the most important ways to get ready to receive Confirmation. The power of Confirmation is that it opens us to the Holy Spirit so that He can live in us and act in us. We have to learn to listen to His voice in our hearts by praying in silence. We should ask Him every day to teach us and help us to pray.

Prayer bring us close to God. It is how we get to know Him, experience His love for us, and love Him in return. Sin does the opposite. Sin turns us away from God. It puts up a wall in front of the Holy Spirit. Just as prayer is important to get ready for Confirmation, so is stopping any bad habits or actions that make God sad. We want to be the friends and children of God by listening to Him and loving Him. As part of Confirmation, we say yes to God and no to sin. We are putting God before other things that we want.

WRAP UP

Respond after each question.

V. Do you reject Satan?

R. I do.

V. And all his works?

R. I do.

V. And all his empty promises?

R. I do.

V. Do you believe in God, the Father Almighty, creator of heaven and earth?

R. I do.

V. Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

R. I do.

V. Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

R. I do.

AT HOME



- Take some quiet prayer time at home. Read a short passage from the Bible and think about what God is saying to you in this passage. End your prayer time speaking back to God, telling him your thoughts and feelings. Ask Him to send you His Holy Spirit and to help you get ready for Confirmation.
- Think about any bad habits that will stop you from preparing well for Confirmation. Work on stopping these habits.

NOTES:



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SAINTS AMONG US

CONFIRMATION



THE GIFTS OF WISDOM, UNDERSTANDING, KNOWLEDGE



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Photo: James Baca

SAINT JOHN PAUL II

PRAYING WITH THE SAINTS

Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

QUOTE: “Remember that you are never alone, Christ is with you on your journey every day of your lives! He has called you and chosen you to live in the freedom of the children of God. Turn to him in prayer and in love. Ask him to grant you the courage and strength to live in this freedom always. Walk with him who is “the Way, the Truth and the Life!” – John Paul II, World Youth Day Paris, 1997.

2.

TEACHING

- John Paul knew that we need to courage to follow Jesus in the world today. It is sometimes hard to do what is right instead of following along with our friends.
 - We have to pray that God gives us strength to follow Him.
-

3.

RESPOND

How are you going to respond to what you learned from this saint? Make a concrete resolution that will help you to grow.

End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

You first receive the gifts when the Holy Spirit comes to you the first time in Baptism. In Confirmation, the gifts are increased as you are sealed with the Holy Spirit. The Holy Spirit works through us using His gifts, so that we can know God more, love Him more, and defend our faith in our words and actions. The gifts make us open and obedient to the action of the Holy Spirit in our lives.

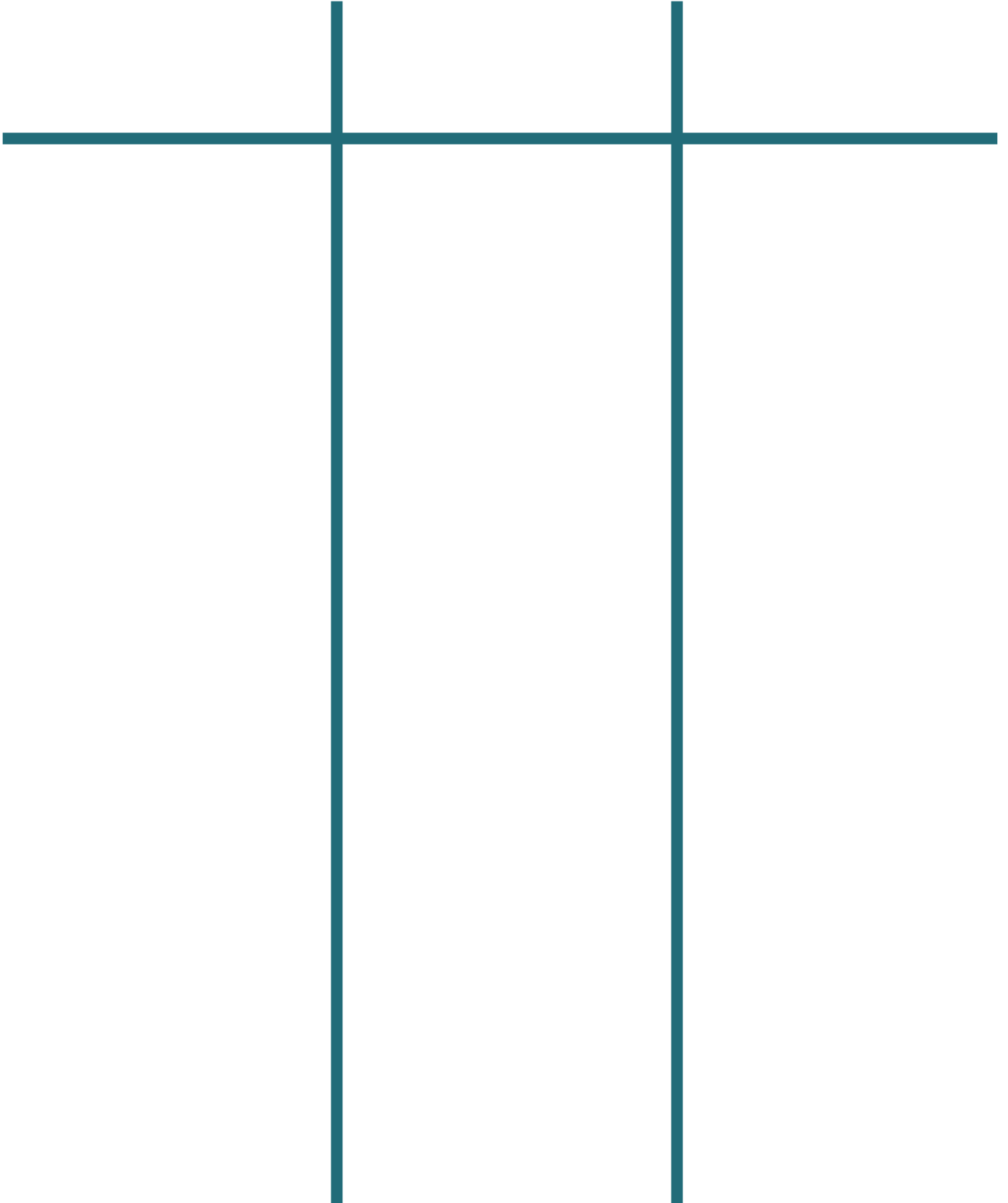
The seven gifts of the Holy Spirit are: Wisdom, Understanding, Knowledge, Counsel, Fortitude, Piety, and Fear of the Lord.

When we have the Gift of Knowledge, we grow in knowledge and love of God. We deepen our relationship with God, just as we grew to love our parents and build a strong relationship with them. The more you know about God, the deeper your relationship with Him becomes, and the more you are able to return love, both to Him and to others.

The Gift of Knowledge also helps us to know how we, other people, and other things relate to God. As we come to know God more through the gift of Knowledge, we also are able to better use the gift of Understanding. While Knowledge allows us to know and be aware of God's presence, Understanding helps us to grow in comprehension of our faith. Jesus told us that the Holy Spirit would teach us all things we need to know. The Spirit speaks to us in our heart helping us to know and understand God and our faith.

The Gift of Knowledge allows us to know and seek God. The Gift of Understanding helps us to comprehend our faith and the teachings of the Church. Through Knowledge and Understanding, we are able to more fully use the Gift of Wisdom. The Gift of Wisdom allows us to have the ways and thoughts of God. This means that we want God's way, not our way. Through wisdom, the Holy Spirit shows us what is most important in life, what will last forever. We are wise if everything in our life points to God and Heaven.

GIFT OF KNOWLEDGE



GOD'S WAY ACTIVITY

Reading Scripture	Fighting with others	Studying the Gospels
Stealing	Watching bad shows	Praying
Skiping Mass	Adoration	Obeying parents
Doing the Sign of the Cross in public	Skiping school	Obeying God's commandments
Gossiping about someone you don't like	Donating to the poor	Sharing your lunch at school
Refusing to use your gifts to serve God	Refusing to confess belief in God around others	Praising the devil
Praising God	Receiving the Sacraments	

What else can you think of? 

WRAP UP

1. Are the gifts of the Holy Spirit free, or must you earn them?

2. What is the purpose of the gifts?

3. What is the gift of Knowledge?

4. What is the gift of Understanding?

5. What is the gift of Wisdom?

FINAL PRAYER

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

AT HOME



- Describe the three Gifts we learned about today to your parents.
- Take a few minutes of quiet prayer and ask the Holy Spirit to give you these three gifts.
- Pray the **Come, Holy Spirit** prayer with your family.

NOTES:



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SAINTS AMONG US

CONFIRMATION



THE GIFTS OF COUNSEL AND FORTITUDE



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Jesus and the apostles. Vatican Museum
Photo: Godong / Alamy Stock Photo.

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Luke 12:11-12

2.

MEDITATE:

- The Holy Spirit gave the Gift of Counsel to the Apostles to help them know what to say. The Holy Spirit will also guide us when we need help.
- We will face hard things in living our faith, but it's important to know that God will be with us.

3.

PRAY:

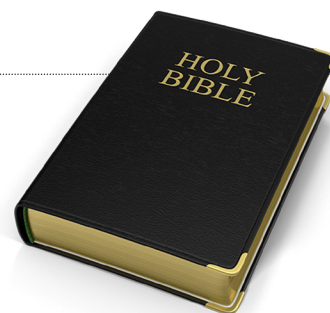
Holy Spirit, come live in my heart. Help me to know what to say and what to do at all times, but especially when I am challenged for my faith.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

Today, we will talk about the gifts of Counsel and Fortitude.

The Gift of Counsel (or Right Judgment) helps us to make the right decisions. Through Counsel, we can listen and be open to the word of God. With the Gift of Counsel, the Spirit helps us to know what is good and evil and to make good choices.

God decides what is good and evil. And we know what God thinks is good by His commandments. The Ten Commandments are God's laws, which He put on stone for us to remember. When we follow His commandments, we are choosing good and avoiding evil. The Holy Spirit brings God's commandments to our minds and helps us to follow them when we make choices.

In the Gift of Fortitude (also known as Courage), the Holy Spirit gives us the courage to live our faith in this world. Courage helps us to stand up against things that challenge our faith and things that try to stop us from being good. The Holy Spirit guides us to follow Christ even when it is hard. Fortitude allows us to be witnesses to our faith, living our faith freely in public, even in times of persecution.

Saints and martyrs show us how to use the gift of Fortitude, even in the face of great evil. We are supposed to accept moral principles as commanded by God and reject ideas and actions that are evil, the works of Satan. Some other examples of Fortitude are soldiers in the military, police officers and firefighters.



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THE TEN COMMANDMENTS

- _____ Remember to keep holy the LORD'S Day.
- _____ You shall not steal.
- _____ You shall not take the name of the LORD your God in vain.
- _____ You shall not covet your neighbor's goods.
- _____ You shall not kill.
- _____ I am the LORD your God: you shall not have strange Gods before me.
- _____ You shall not covet your neighbor's goods.
- _____ You shall not bear false witness against your neighbor.
- _____ You shall not commit adultery.
- _____ Honor your father and your mother.



SAINTS AMONG US

CONFIRMATION



WRAP UP

1. What is the Gift of Counsel?

2. What is the Gift of Fortitude?

3. Why is it important to learn the commandments of God to effectively use the gift of Counsel?

FINAL PRAYER

Review the prayers of the Rosary.

AT HOME



- Tell your parents about the two gifts we learned about today.
- Pray silently with the Holy Spirit, asking Him to give you Counsel and Fortitude.
- Pray the **Come, Holy Spirit** prayer with your family.

SAINTS AMONG US

CONFIRMATION



THE GIFTS OF PIETY AND FEAR OF THE LORD



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LESSON

8



Parable of the Pharisee and the Publican
Photo: PRISMA ARCHIVO / Alamy Stock Photo

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Luke 18:10-14

2.

MEDITATE:

- The tax collector shows us how to pray to God with humility. Prayer is not about putting on a show or going through the motions, but offering our heart to God.
- The tax collector also gives us the words of a beautiful prayer: “God, be merciful to me a sinner.” Some people say this prayer throughout the day to help them think of God.

3.

PRAY:

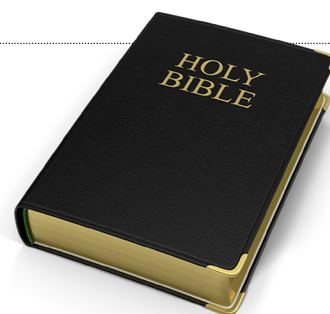
Jesus, please give us the gift of humility and repentance for our sins. We ask for your mercy. Please help us to prepare to receive Your Spirit at Confirmation.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

Today, we will finish learning about the seven gifts with the remaining two: Piety and Fear of the Lord.

Piety means to have reverence for God and to love Him as our Father. It can also be called the Gift of Reverence. The Holy Spirit helps us to pray well, speaking with God and having a relationship with Him. The Spirit helps us to worship God at Mass as well. Through the Gift of Piety, we put God first, loving Him before and above all things.

The gift of Fear of the Lord does not mean to be afraid of God. It is also called having “wonder and awe” of God. Think of looking up at a sky full of stars, standing by the ocean, or looking out from the top of a mountain. How do you feel?

We can be overwhelmed by the beauty or great size of something. It makes us feel small in comparison. God is perfectly good, more beautiful than anything else, infinite, eternal, all knowing, and present everywhere. We can feel so small before Him and be overwhelmed by His greatness. We also can fear God’s judgment when we know that we sin. We are afraid that our sins can pull us away from God, who calls us to be happy with Him forever.

We pray for the gifts because they belong to God. The gifts open us to the Holy Spirit who acts in our lives, helping us to know and love God and to live a good life. We cannot control the gifts, but through prayer we open our hearts to God and let Him live in us and work through us.

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WONDER

A large rectangular area with rounded corners, framed by a double border. The inner border is dark teal and the outer border is orange. This area is intended for a drawing or illustration.

WRAP UP

1. What is the Gift of Piety?

2. What is the Gift of Fear of the Lord?

3. Should you desire and pray for the gifts to work effectively in you?

FINAL PRAYER

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord. Amen.

AT HOME



- Show your parents how the puzzle fits together.
- Spend a short quiet time in prayer asking the Holy Spirit to give you the Gifts of Piety and Fear of the Lord.
- Pray the Come, Holy Spirit prayer as a family.

SAINTS AMONG US

CONFIRMATION



THE FRUITS OF THE HOLY SPIRIT



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LESSON

9



Photo: James Baca

ST. MOTHER TERESA

PRAYING WITH THE SAINTS

Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

QUOTE: *“The greatest disease in the West today is not TB or leprosy; it is being unwanted, unloved, and uncared for. We can cure physical diseases with medicine, but the only cure for loneliness, despair, and hopelessness is love. There are many in the world who are dying for a piece of bread but there are many more dying for a little love. The poverty in the West is a different kind of poverty -- it is not only a poverty of loneliness but also of spirituality. There’s a hunger for love, as there is a hunger for God.” - Mother Teresa*

2.

TEACHING

- Mother Teresa showed God’s loving by caring for those people who did not have anyone else to help them.
 - She also teaches us that without God our souls will be sad and unhappy.
 - We should think about how we can show God’s love to those who need help in body or soul.
-

3.

RESPOND

How are you going to respond to what you learned from this saint? Make a concrete resolution that will help you to grow.

End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

We have been talking about the Gifts of the Holy Spirit that are bestowed on you at Baptism and increased in Confirmation. These gifts are given to us by the Holy Spirit and make us open to His help.

Even though the Spirit gives us these gifts, we need to be open to the Spirit's work so that they can bear fruit. We have to pray for the Spirit to live in us more and we need to avoid things such as sin that keep the Spirit away from us.

Once you have the Gifts of the Holy Spirit, the Fruits of the Holy Spirit can flow naturally and effortlessly from the Spirit's presence. You may not even notice the fruits because they come naturally when the Spirit dwells in our heart. The fruits show us that God is with us and is changing our lives to be more like Him: more loving and kind in our actions.

There are twelve fruits of the Holy Spirit. They are: Love, Joy, Peace, Patience, Kindness, Goodness, Generosity, Gentleness, Faithfulness, Modesty, Self-Control, and Chastity.

When a tree is watered and given food and light, it can grow tall and strong, and the fruit on its branches will grow easily and naturally. When you nurture your faith by praying for the Gifts of the Holy Spirit and letting the Spirit work in your life, the fruits of the Holy Spirit will flow naturally in you. The Holy Spirit grows the fruit of His love in the tree of our soul.

Fruits of the Spirit Activity



Isaiah 11:1-3 - Jesus

But the shoot shall sprout from the stump of Jesse, and from his roots a bud shall blossom. The spirit of the Lord shall rest upon him: a spirit of wisdom and of understanding, A spirit of counsel and of strength, a spirit of knowledge and of fear of the Lord, and his delight shall be the fear of the Lord.

WRAP UP

1. How many fruits of the Holy Spirit are there?

2. Whose presence in our lives grows these fruits?

3. Can you write the names of 3 fruits?

FINAL PRAYER

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord. Amen.

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

AT HOME



- Describe the three Gifts we learned about today to your parents.
- Take a few minutes of quiet prayer and ask the Holy Spirit to give you these three gifts.
- Pray the **Come, Holy Spirit** prayer with your family.

SAINTS AMONG US

CONFIRMATION



THE RITE OF CONFIRMATION



Photo: Jason Taylor





"Pentecost" by Louis Galloche
Photo: Restored Traditions

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Acts 1:14, 2:1-4

2.

MEDITATE:

- To receive the Holy Spirit into our lives, we must pray like Mary and the Apostles. We need to pray every day and ask the Holy Spirit to come to us.
- When the Holy Spirit comes, He will give you gifts and God's power as He did to the Apostles.

3.

PRAY:

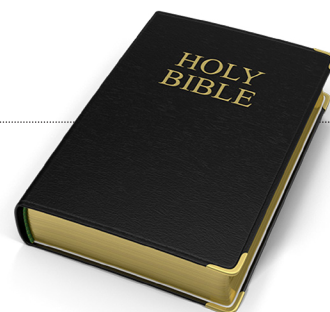
Holy Spirit, come into my heart. Give me Your life and the gifts I need to follow Jesus. Please help me to prepare to receive You at my Confirmation.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

You will be confirmed during the Rite of Confirmation. A Rite is a religious ceremony that we use to worship God together and to receive the sacraments. Each particular Rite has its own words and actions. Today, we will identify the parts of the Rite of Confirmation.

Presentation of those being Confirmed

Renewal of Baptismal Promises

Laying on of Hands

Anointing with Chrism

After receiving Confirmation, you will be able to complete your initiation into the Church by receiving your First Communion. You will have the grace and gifts of the Holy Spirit in order to be able to receive Jesus with great love and reverence.



Photo: Jason Taylor

WRAP UP

1. What do we call a religious ceremony that a community uses to worship God or receive sacraments?

2. Who gives the sacraments of Confirmation?

3. Why do we renew our baptismal promises?

FINAL PRAYER

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

AT HOME



Tell your parents about the parts of the Rite of Confirmation.

- Presentation of the Confirmandi
- Renewal of Baptismal Promises
- Laying on of Hands
- Anointing with Chrism

Practice renewing your baptismal promises with your family.

V. Do you reject Satan?

R. I do.

V. And all his works?

R. I do.

V. And all his empty promises?

R. I do.

V. Do you believe in God, the Father Almighty, creator of heaven and earth?

R. I do.

V. Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

R. I do.

V. Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

R. I do.

SAINTS AMONG US

CONFIRMATION



LAYING ON OF HANDS AND ANNOINTING



Zvonimir Athletic
/ Shutterstock.com





Sacrament of Confirmation by Poussin
Photo: Restored Traditions

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Acts 8:14-17, 25

2.

MEDITATE:

- Like the Samaritan Christians, you have been baptized but not yet confirmed. The bishop will lay his hands over you just like Peter and John did for the Samaritans.
- The Holy Spirit wants us to share His love with others. We are also called to share our faith with others like Peter and John.

3.

PRAY:

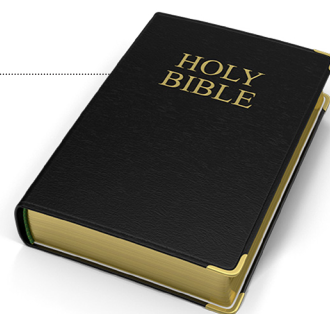
Holy Spirit, I want You to come into my life more. I want to be Your friend. Please make my heart Your home and help me to be open to the grace and gifts You want to give me.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY

During the Rite of Confirmation, the Bishop, or delegated priest, extends his hands over all the confirmandi (those being confirmed). The Bishop is praying that God will send you the gift of His own love, His Spirit to be your helper and guide. The Bishop also prays that you receive the Gifts of the Holy Spirit.

We call Jesus the Christ. Christ means the anointed one. To anoint someone is to rub them with oil. In the Old Testament priests and kings were anointed to make them special for God and for the service of God's people. Chrism is a holy oil that is consecrated by the bishop each year during Holy Week at the Chrism Mass. The purpose of Chrism is to anoint something or someone, to make it holy. Chrism is made of two things: olive oil and balsam. Balsam is a mixture of oils and resins from plants that give Chrism a good aroma or smell.

During the Rite of Confirmation, the Bishop (or priest) will anoint you, placing Chrism on your forehead, saying, "Be sealed with the gift of the Holy Spirit." When you are anointed with the Holy Spirit, you are sealed with the permanent mark of the Holy Spirit. At Baptism, the Holy Spirit came to you, but at Confirmation, the Holy Spirit is permanently sealed in you. He is always in our soul, helping you to love God and defend your faith.



EXAMPLES OF SEALS



PRACTICE THE ANOINTING OF CONFIRMATION

Bishop (celebrant): Dips his right thumb (cotton ball) in the Chrism (oil or water) and makes the sign of the cross on the forehead of the one to be confirmed, as he says: "(Name), be sealed with the gift of the Holy Spirit."

Confirmand: Amen.

Bishop (celebrant): Peace be with you, (or the Lord be with you).

Confirmand: And with your spirit.

WRAP UP

1. Who consecrates the Holy Chrism?

2. What is the purpose of Chrism oil?

3. When you are anointed during Confirmation, what is happening to you?

4. During the Rite of Confirmation, why does the Bishop extend his hands (Laying on of Hands) over the confirmandi?

5. What is increased in the confirmandi through the Laying on of Hands?

FINAL PRAYER

Apostles Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Come, Holy Spirit Prayer

Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit and they shall be created. And Thou shalt renew the face of the earth. O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.

AT HOME



- Practice the anointing of Confirmation again at home. Have one of your parents be the bishop.
- Pray the First Luminous Mystery of the Rosary, “Jesus’ Baptism in the Jordan River,” with your family.

SAINTS AMONG US

CONFIRMATION

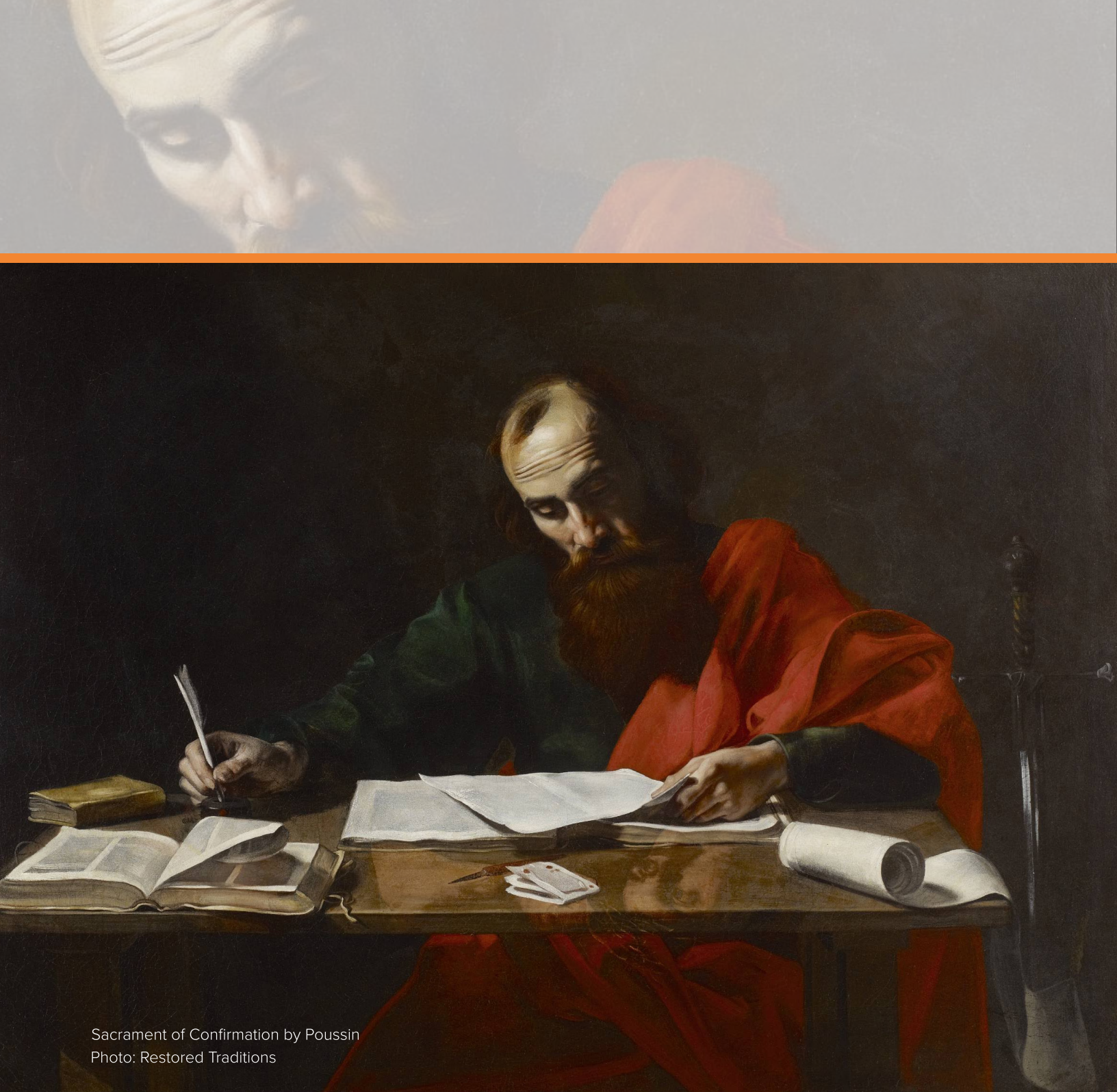


LIFE IN THE SPIRIT



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Sacrament of Confirmation by Poussin
Photo: Restored Traditions

PRAYING WITH THE BIBLE



Begin with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

1.

READ: Romans 15:14-19

2.

MEDITATE:

- When we receive the Word of God, Paul teaches us, the Holy Spirit will make us holy.
- God has work that He wants us to do as well. He wants us to teach others what we have learned from Him.

3.

PRAY:

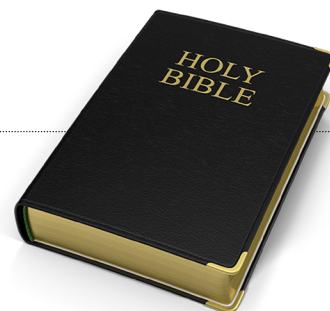
Jesus, thank you for the gift of faith. Please send me Your Holy Spirit to make me holy. Give me the courage to share the gifts You have given me with others. Please help me to be ready to receive Confirmation.

Tell God what is on your heart and ask Him for what you need.

4.

LISTEN:

Let's be quiet so we can hear what God might be saying back to us, inside our hearts.



End with the Sign of the Cross.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

SAINTS AMONG US

CONFIRMATION



LESSON SUMMARY



Confirmation is the beginning of a new life. This life is a call to follow Jesus and to be His disciple. To be a disciple is to be a student of Jesus. You want to learn from Him and put His teachings into practice in your life. To be a disciple of Jesus is to want to be like Him and to live like Him.

Jesus came to earth not for Himself. He said He came to us to serve us and to make us children of God. He wants us to love God more and to love others more. If we follow Jesus as His disciple, we will love God more by coming close to Him in prayer. We will love other people by giving up things that we want to help others.

God wants all of us to be saints. That means He wants us to be holy—like Him. God has given us the saints to be our models and helpers as we strive to become saints too. In the saints we see how the Holy Spirit changes us and how He gives us gifts to serve others.

Every one of us has a patron saint. Usually, but not always, you are given a saint's name at Baptism (as either your first or middle name). You should learn about that saint and pray to him or her especially. If you do not have a saint's name you can take one at Confirmation.

[illegible]

WRAP UP

1. What does it mean to be a disciple of Jesus?

2. What are the two parts of being Catholic?

3. Why is it good for us to have a patron saint?

FINAL PRAYER

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord.
Amen

AT HOME



- Talk about your patron saint with your parents.
- Learn more about your patron saint. You can probably find a book about him or her in the library or especially at a Catholic book store (or online). Say a prayer every day to your patron saint.
- Ask your parents how they chose your baptismal name.

NOTES:



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NOTES:



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ARCHDIOCESE
OF
DENVER

